

Le respect des droits dans une approche de milieu de vie

T-3

BRIGHT IDEAS

BRIEF DESCRIPTION OF THE TOOL:

Training provided by the living environment consultant to all new employees (orderlies, nurses, housekeepers, food service staff, directors, coordinators, etc.).

Here are the contents of the two day training session:

- Presentation of the training
- Charters of Rights and Freedoms
- Exercise: The concept of respect
- Exercise: a true or false questionnaire dealing with prejudices and myths surrounding aging and old age
- The characteristics of normal aging
- The mission of a CHSLD (Article 83 of Law)

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Tool name	Le respect des droits dans une approche de milieu de vie
Document type	Workbook for participants "Code d'éthique" brochure
Type(s) of abuse	All
Intended for	All new employees
Issued by (organization)	CHSLD Vigi Santé
City (region)	Montreal and other regions
Number of people reached	2 000
Contact person (contact information of the organization)	Maryse Soulières CHSLD Vigi Reine-Élisabeth 2055 Northcliffe St. Montreal, Quebec H4A 3K6 Phone: 514 788-2085 Fax: 514 788-2905 Email: msoulieres@vigisante.com
Number of pages	31
How to get the tool	Contact Maryse Soulières
Distinctive features	Six exercises that can be replicated in other outreach activities. The activity sheets are available in the book.



Combined with this tool, a brochure outlining the code of ethics of Vigi Santé: commitment of the company, mission, values, responsibilities, etc.
Training of two days.

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- Comparative table between the hospital and the living environment
- Exercise: personal criteria for a "sweet home"
- Criteria of the governmental LIVING ENVIRONMENT guidelines
- Intervention philosophy and values of Vigi Santé
- Exercise: The inventory of my needs
- Maslow's hierarchy of needs
- Exercise: Quiz on abuses against people in residence
- The definition of abuse
- The forms of abuse
- The guidelines according to the law (Article 3)
- Summary of users' rights according to the law
- Respecting the rights of residents
- Questionnaire on the Code of Ethics
- Exercise: how do I feel now?
- Symptoms associated with stress
- The kinds of stresses
- Aggressiveness and emotional detachment
- The developing of the aggressive crisis
- Exercise: tolerance thresholds
- The process of problem solving
- In conclusion
- My personal notes