

## Répertoire des ressources d'aide au Québec

P-10

PREVENTION

### BRIEF DESCRIPTION OF THE TOOL:

This directory is a tool that provides an opportunity for the reader to search practical and concise information when it comes time to seek help or better know resources in Quebec.

Eighteen regions of Quebec are represented. Secondly, resources are classified into the following categories: emergency, health, safety, legal advice, material and financial abuse, round tables, gerontological resources, advocacy, coordination of home care and associations of seniors.

In addition, the directory allows us to access a range of websites related to the theme of old age.

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| <b>Tool name</b>  | Répertoire des ressources d'aide au Québec   |
| Document type   | Interactive resource directory   |
| Type(s) of abuse  | All  |
| Intended for  | All  |
| Issued by (organization)                                    | Réseau Internet Francophone Vieillir en Liberté (RIFVEL)   |
| City (region)   | Montreal   |
| Creation date   | 2002<br>Updated 2009   |
| Number of people reached                                    | 72 000   |
| Contact person<br>(contact information of the organization) | Louis Plamondon<br><br>Réseau Internet Francophone Vieillir en Liberté (RIFVEL)<br>4545 Queen Mary Avenue<br>Montreal, Quebec H3W 1W5<br><br>Phone: 514 340-3540 ext. 4774<br>Email: <a href="mailto:louis.plamondon@umontreal.ca">louis.plamondon@umontreal.ca</a><br>Website: <a href="http://www.rifvel.org/index.php">www.rifvel.org/index.php</a> |
| How to get the tool   | Available at:<br><a href="http://www.rifvel.org/quebec/montrealcentre.php">www.rifvel.org/quebec/montrealcentre.php</a>  |



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