

Un vigilant veille sur vous

P-11

PREVENTION

BRIEF DESCRIPTION OF THE TOOL:

This publication aims to improve the safety of tenants by supporting hundreds of volunteers who help each other and provide relief to neighbors who may be in trouble. This project, which was born out of the desire to find effective solutions tailored to the needs of seniors, working through the involvement of residents.

This program works as follows: project participants hang signs on their door before going to bed. In the morning, at an agreed upon time, volunteers make rounds to ensure that everyone has removed their sign. If this is not the case, they make the necessary checks and ensure that the person is not endangered.

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Tool name	Un vigilant veille sur vous
Document type	Guide for the development and support of vigilance teams and toolkit for the team of vigilant volunteers
Type(s) of abuse	Prevention and safety for seniors
Intended for	Seniors
Issued by (organization)	Office municipal d'habitation de Montréal
City (region)	Montreal
Creation date	2008
Number of people reached	25 housing towers, 900 tenants
Contact person (contact information of the organization)	Rouzier Métellus Office municipal d'habitation de Montréal Head office 5800, St-Denis St., office 502 Montreal (Quebec) H2S 3L5 Phone: 514 868-1573 Secretariat: 514 872-2104 Email: info@omhm.qc.ca
Number of pages	12
How to get the tool	Please send your request to: rouzier.metellus@omhm.qc.ca or info@omhm.qc.ca
Distinctive features	Tool designed to equip seniors to better ensure their own safety



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Thus, the guide consists of sections on:

The role of OMHM vis-à-vis the vigilance teams

Stages for setting up a vigilance team

- Organizing a meeting presenting the program to tenants
- Registration of participants
- Sharing responsibilities amongst teams of volunteers
- The team's rounds
- The meetings that take place every three months
- The rights and responsibilities of volunteers

The volunteer's toolbox contains:

- a registration form, a commitment form for volunteers, a description of how the program works, the procedure in cases of concern, making calls to emergency services, the chart for rounds done by vigilant volunteers .