

**La violence sexuelle subie par les aînées :
briser le tabou pour mieux soutenir les femmes**

F-15

**T
R
A
I
N
I
N
G**

BRIEF DESCRIPTION OF THE TOOL:

This course is for all women aged 50 and older, including those involved in various groups and associations of retired and elderly women, and who are concerned with the problem of sexual abuse suffered by elders.

The objective of this awareness/training day is to understand the issues concerning sexual assault, to know the resources available to help older women, to promote re-empowerment and self-determination with regards to violence and the search for support. Equip seniors so they can act as trainers for their peers.

See next page

Tool name	La violence sexuelle subie par les aînées : briser le tabou pour mieux soutenir les femmes
Document type	Awareness / training day
Type(s) of abuse	Sexual
Intended for	Senior women over the age of 50 and those who are concerned by the issue
Issued by (organization)	Regroupement des Centres d'aide et de lutte contre les agressions à caractère sexuel (RQCALACS)
City (region)	Montreal
Creation date	2008
Number of people reached	Objective: 300 women reached in three years
Contact person (contact information of the organization)	Karine Tremblay, Anne-Marie Turmel Regroupement des Centres d'aide et de lutte contre les agressions à caractère sexuel (RQCALACS) PO Box 56528 Station Ontario Montreal, Quebec H1W 3Z3 Montreal: 514 529-5252 - Outside of Montreal: 1 877 717-5252 Fax: 514 529-5255 Email: info@rqcalacs.qc.ca
	How to get the tool: Contact the agency to register for the training
	Distinctive features: The event is free and is offered in various regions of Quebec



The training addresses different themes including: definitions, myths, prejudices and stereotypes; the social context, sexual violence and older women; the consequences of sexual assault among elderly victims; barriers to reporting and the fight against sexual violence; analyses of situations; resources.

This awareness day will soon be available in French *and* Spanish. The RQCALACS also offers specific training for service providers and care giving relatives who work with senior women of Aboriginal communities.